



# WILLIAMS INTERNATIONAL COLLEGE

Affiliated to Bengaluru City University & Recognized by Govt. of Karnataka & AICTE)  
3, 1<sup>st</sup> Main, 5<sup>th</sup> Cross, Bhuvaneshwari Nagar, Sultanpalya Main Road, R.T Nagar Post, Bangalore-32)

Ref: WIC/SOC-EMO/2024-25/01

Date: 08-08-2024

**As per NEP, every Institution shall have inbuilt mechanism for Social and Emotional Learning A crucial component of Education.**

“WILLIAMS INTERNATIONAL COLLEGE (WIC), in accordance with the National Education Policy (NEP) objectives, acknowledges the critical role of social and emotional learning (SEL) within the educational landscape. SEL fosters essential life skills, such as self-awareness, self-management, social awareness, relationship skills, and responsible decision-making. These skills are paramount for student academic achievement, personal well-being, and positive social interactions. This overview outlines how WIC incorporates SEL into its educational framework.”

## **1. Curriculum Integration:**

Curriculum Integration: WIC seamlessly integrates SEL principles and practices across all academic disciplines. Course content is thoughtfully designed to nurture students' social and emotional growth by incorporating activities, assignments, and discussions that encourage self-reflection, empathy, teamwork, and ethical decision-making. SEL concepts are thoughtfully embedded within various subjects and coursework, enabling students to explore and apply socio-emotional competencies in authentic, real-world scenarios relevant to their academic and professional endeavors.

## **2. Co-curricular Activities:**

WIC offers a diverse array of co-curricular activities, including clubs, societies, workshops, seminars, and community service initiatives. These provide valuable platforms for students to cultivate social and emotional skills beyond the classroom. Engaging in extracurricular activities such as sports, cultural events, volunteer work, and leadership programs fosters teamwork, communication, resilience, and interpersonal skills, significantly contributing to students' holistic social and emotional development.

## **3. Wellness and Counseling Services:**

WIC prioritizes student well-being by providing comprehensive wellness and counseling services. Qualified counselors offer a range of support, including individual counseling, group therapy, workshops, and psycho-educational programs, to address student concerns such as stress, anxiety, depression, interpersonal conflicts, and adjustment challenges. The institution fosters a culture of self-care and resilience by actively promoting mental health awareness, stress



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management techniques, and effective coping strategies through engaging educational campaigns, informative seminars, and proactive outreach initiatives.

#### **4. Faculty and Staff Training:**

WIC prioritizes professional development for faculty and staff in social and emotional learning (SEL). This investment equips educators with the necessary knowledge, skills, and strategies to effectively support students' socio-emotional growth. WIC offers a range of professional development opportunities, including workshops, seminars, and training sessions, to enhance educators' understanding of SEL principles, trauma-informed practices, culturally responsive teaching, and effective classroom management strategies that foster positive social interactions and emotional regulation.

#### **5. Assessment and Evaluation:**

WIC integrates SEL competencies into its comprehensive assessment and evaluation frameworks to effectively measure students' progress and growth in social and emotional skills. Formative and summative assessments may include self-assessments, peer evaluations, reflective journals, and project-based assessments, ensuring a holistic evaluation that considers students' socio-emotional competencies alongside academic achievement.

**PRINCIPAL**



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## Yoga Session







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## Drug Awareness Program by Hebbal Police Station





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## Seminar on “Skill Development Session Conducted for Final Year Students”

